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### **Jose figueroa (author of tai chi for kids)**

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### **Stephan berwick - wikipedia, the free encyclopedia**

Kung Fu Tai Chi Practical Tai Chi (w/Jose Figueroa), Action Pursuit Group 2006; Tai Chi for Kids, (w/Jose Figueroa), Tuttle Publishing, August 2005;

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Jose Figueroa s 15+ years in Chinese martial arts includes unrivaled success as America s Jose founded the Tai Chi Holistic Network in 1992 utilizing

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